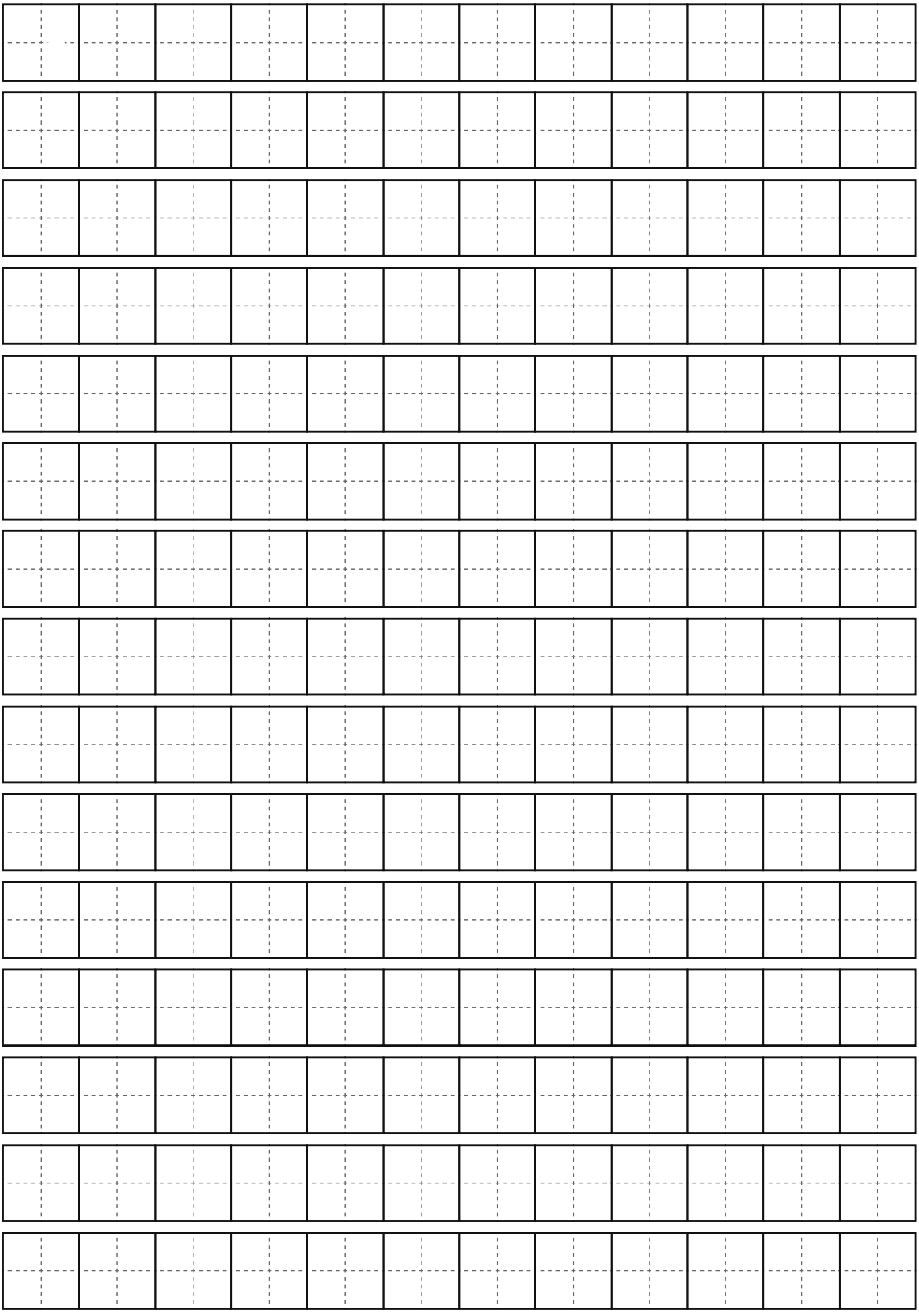元知学堂